ABSTRACT OF THE DISCLOSURE

A packaging apparatus having two compartments which, before use, are pivotally attached to one another. The first compartment holds a food product, such as sunflower seeds or pistachios. The second compartment, originally attached to the first compartment, is separated from the first compartment by the user. The first compartment containing the food product is opened. The second compartment is then opened up to form a disposal cup which the user may use to dispose of the waste from the food product, such as shells, hulls, seeds, pits, etc. The bottom of the disposal cup may be folded into a flat base, allowing the user to conveniently set the disposal cup down.